

Fitness For Fun Class Timetable 2018

Monday	4:00pm – 5:00pm: Purple Stars 4:00pm– 5:00pm: Mission Gympossible Junior 5:05pm – 6:05pm: Purple Stars 5:05pm– 6:35pm: Silver Stars
TUESDAY	9:30am – 10:15am: 1-3 years 10:30am – 11:15am: 2-4 years 11:30am – 12:15pm: 4-5 years 4:00pm– 5:00pm: Purple Stars 4:00pm – 6:00pm: Intermediate GymStar Squad 5:05pm – 7:05pm: GymStar Recreational 5:05pm – 7:05pm: GymStar Competitive
WEDNESDAY	10:30am – 11:15am: 2-4 years 11:30am – 12:15pm: 4-5 years 4:00pm – 5:00pm: Purple Stars 4:15pm – 5:00pm: 4-5 years 5:05pm – 7:05pm: GymStar Recreational 5:05pm – 7:05pm: GymStar Competitive
THURSDAY	10:30am – 11:15am: 2-4 years 11:30am – 12:15pm: 4-5 years 4:00pm – 5:00pm: Purple Stars 4:00pm – 6:00pm: Junior GymStar Squad 5:05pm – 6:35pm: Silver Stars 5:05pm – 6:35pm: Boys Silver stars
FRIDAY	9:30am – 10:15am: 1-3 years 10:30am – 11:15am: 2-4 years 11:30am – 12:15pm: 4-5 years 4:15pm – 6:15pm: GymStar Competitive 4:15pm – 6:15pm: GymStar Recreational
SATURDAY	9:15am – 10:00am: 1-3 years 10:30am – 11:30am: Purple Stars 11:30am – 12:15pm: 4-5 years Kinder Gym 11:30am – 12:30pm: Purple Stars 12:00pm–2:00pm: GymStar Rec Class 12:30pm – 2:00pm: Silver Stars



1-3 years: Suitable for both boys and girls aged 1 – 3. Parent participation required.

2-4 years: Suitable for both boys and girls aged 2-4 years old. Parent participation required.

4-5 years: Suitable for both boys and girls aged 4 – 5. No parent participation is required.

Mission Gympossible Junior: Suitable for boys 4-6 years old.

Junior GymStar Squad: Is a squad that is selected by the coaches. Your child must be talent identified.

Intermediate GymStar Squad: Is a squad that is selected by the coaches. Your child must be talent identified.

Purple Stars: Suitable for both boys and girls 5 years and over. Your child must be 5 before 30th April.

Boys Silver stars: Suitable for boys 6 years and over.

Silver Stars: Suitable for both boys and girls 9 years and over or who have completed all Purple Stars levels.

GymStar Recreational: Gymstar non competitive class suitable for children who have completed silver stars.

GymStar Competitive: Invitation Only, Competitive Squad for Gymstar Program.

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