



Fitness For Fun

Fitness For Fun Gymnastics



Summer Holiday Program 2019



In addition to our ongoing Gymnastics classes for 1-16 year olds, which are running as per usual during the holidays, we are offering the following **Holiday Program class:**

**"KIDS" (4yrs+) - 3 hour program:
Mondays, Wednesdays & Thursday: 1 – 4 pm**

For more detailed information on the "KIDS" program, see page 2 of this flyer.

Monday 14 th Jan	Tuesday 15 th Jan	Wednesday 16 th Jan	Thursday 17 th Jan	Friday 18 th Jan	Saturday 19 th Jan
Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal
"KIDS"		"KIDS"	"KIDS"		

Monday 21 st Jan	Tuesday 22 nd Jan	Wednesday 23 rd Jan	Thursday 24 th Jan	Friday 25 th Jan	Saturday 26 th Jan
Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal	Classes running as normal
"KIDS"		"KIDS"	"KIDS"		

On the day send a drink bottle and a healthy snack/lunch with your child. Parents are welcome to stay if they choose. Children need to be signed in and out at the reception for each session.

Book holiday or on-going classes now: (03) 9077 5104

You are most welcome to contact us to **book for holiday programs** or on-going classes:

**E: bayside@fitnessforfun.com.au or
PH: (03) 9077 5104**

On-going class timetable on our website:

<http://www.fitnessforfun.com.au/enrollment-trials/timetables.aspx>

Free trial sessions are available as per usual for the on-going classes during the holidays. The holiday program is not included in this offer. To book a free trial session, please call us on (03) 9077 5104.

Program Information:

"KIDS" 4 years+, 3-hour session

General public: \$45.00

Member: \$37.00

Appropriate for Primary School aged children.

Children are divided into age/skill based groups to learn how to tumble, flip, swing and balance or build on existing gym skills.

A variety of different games and activities are offered each day utilizing all the gymnastic apparatus including trampoline, bars, rings, beams as well as floor activities.

10%
early bird
discount: Book by
15th December!
PROMO CODE:
HPSP19



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